



HEALINESS@AZORES / 22nd - 29th of SEPTEMBER 2024

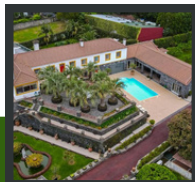
The 'NEW YOU' in the harmonious balance of multidimensional experience, encompassing physical fitness, mental resilience, emotional balance and spiritual growth. Our Philosophy, rooted in these interconnected principles brings stability and happiness.

Email our waiting list concierge@healiness.com.



AZORES

The Azores are a breathtaking spectacle of nature's artistry, where the vivid blues of the Atlantic Ocean meet the lush greens of rolling hills and volcanic landscapes. This archipelago, scattered across the vastness of the ocean, is a masterpiece of dramatic cliffs, serene lakes nestled in ancient craters, and misty waterfalls.



SANCTUARY

Our sanctuary, our tranquil oasis is designed for serenity and healing. Nestled in a pristine natural setting, it contributes to peaceful transformations, increasing vitality transitioning the connection using the nature's gifts and flow of energy.



HEALINESS
HEALINESS.COM



WHY US?

Our retreat allows a unique opportunity away from daily 'life' and programming. Allow yourself to reconnect with nature's essence and tranquility. Allow the grand reset. Azores, nestled in the serene location, promises breathtaking INHALES of majestic views and EXHALES of all that does not serve us. Create the inner peace within yourself that will always rule the outside world.



PROGRAM

Our daily program, the crafted journey will cleanse and empty your mind in the mornings and revitalize the body, energizing your soul in the afternoons. By matching our morning practices to afternoon's backdrops of nature, we are fostering personal growth and inner peace..



MIND
EMPTY YOUR MIND



BODY
HEAL YOUR BODY



SOUL
REJUVENATE YOUR SOUL